

**Unit 1  
Family & Friends**

**Vocabulary Corner:**

\* تبدأ بدراسة الكلمات وفهم معانيهم

Word	Meaning	Word	Meaning	Word	Meaning
hip	عظم الورك	delicious	لذيذ	especially	خاصة
operation	عملية	adventure	مغامرة	against	ضد او في مواجهة
wheelchair	كرسي متحرك	attic	غرفة العلية	Eco-friendly	صديق للبيئة
limit	يضع حداً	spacious	واسع	source	مصدر
Physically challenged	متحدى بالاعاقة	temporary	مؤقت		
locate	يحدد موقع	Inuit	الاسكيمو		

\* الفكرة العامة: (ذوي الاحتياجات الخاصة + الاسماء المفضلة و انواع لسيو)  
**Main Topics: (Physically challenged people, Favourite things, type of homes)**



ذوي الاحتياجات الخاصة

The disabled or physically challenged

Some can't walk so they use a wheelchair.

بعضهم لا يمكنهم المشي ولذلك يستخدمون الكراسي المتحركة

We should respect them and understand their needs.

واحبنا نفهمهم واحترام وفهم حاجاتهم

السؤال عن الاسماء المفضلة  
What is your favourite .....

sport? My favourite is .....

food? I like .....

Type of film? I enjoy .....

\* ماهو مكانك المفضل في المنزل؟

What's your favourite place in the house?

My bedroom is my favourite place.

غرفة النوم هي مكاني المفضل

\* اذكر نوع البيت الذي تفضله ووضح السبب؟

Which type of home do you prefer? Why?



Mud houses	Igloos	Wooden Houses
They are spacious where the family can get together. Built in Old Kuwait.	They are easy to build of ice blocks, warm, comfortable and strong against storms. The Inuit live in them.	They are easy to build with trees, eco-friendly and healthier to live in. Built in Poland.

بيوت الطين : واسعة وتجمع العائلة كانت تبني في الكويت القديمة  
Dalal Al-Mutairi



بيوت الثلج سهلة لبناء تم صنعها من الثلج دائمة ومريحة ونظيفة  
يعيش فيها احب الاسكيمو

البيوت الخشبية : تصنع من الشجر وهي صديقة للبيئة وصحية اكثر  
تبني في بولندا

dandash74 MDalalnow



**Grammar Review:**

القواعد الهامة

السؤال باستخدام المضارع التام  
have has



Have you got a new bag?



Yes, I have

الاجابة بالاثبات

الاجابة بالنفي

No, I haven't

I have got a mobile phone.

✓ So have I.

✗ I haven't.

I haven't got any money.

✓ Neither have I.

✗ I have.

التدريب على كتابة البقية

**Writing Practice:** 1) Writing an email about yourself and your favourite things

الكتابة الأولى

كتابة ايميل عن نفسك واهتمامك المفضلة

Hi Steve,

How are you doing? I'm Khalid from Al-Rehab Area in Kuwait. I'm 12 years old. I'm in grade 7 this year. My favourite sport is swimming. I also enjoy reading English books in my free time. I have one little sister. Her name is Sara. She likes playing in the iPad everyday. Write soon and tell me about your family and your favourite things.

Kind Regards,  
Khalid

الكتابة الثانية: كتابة فقرة عن البيت المثالي

2) Writing a paragraph about an ideal home.

جملة البداية  
Topic

There are many types of homes around us but not all of them is what I think the ideal home. My ideal home is very beautiful. It's large and spacious. It must have many bedrooms for all the family. It has got a big living room and a dining room. It has also got a beautiful garden and a car garage. My favourite place in the house is my bedroom. It's blue and has a good wifi in it 😊. I really hope you like my ideal home.

sentence

المحتوى  
The Body  
الرئيسي  
للموضوع

جملة الختامية  
conclusion



الوحدة الثانية

(الرياضة و الفعاليات)

**Unit 2  
Sports & Activities**

**Vocabulary Corner:**

\* نبدأ بدراسة الكلمات وفهم معانيها

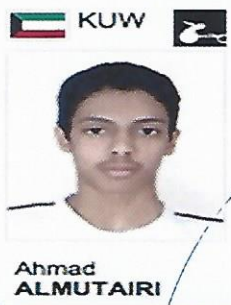
Word	Meaning	Word	Meaning	Word	Meaning
equipment	معدات	javelin	رمح	potential	قدرات
quite	ل للغاية أو جداً	quad bike	الدراجة الرباعية	initially	مبدئياً
pitch	ساحة الملعب	snorkel	الغطس بأنبوب التنفس	excel	يتميز
score	يسدد او يسجل	nationality	جنسية	rival	خصم
referee	الحكم	Para-sport	رياضة الاحتياجات الخاصة		
waterski	التزلج على الماء	numerous	متعدد		

**Main Topic (Sports & things you can or can't do / Para-sport athletes):**



ما هي رياضتك المفضلة؟

What's your favourite water sport?  
My favourite water sports are waterskiing and snorkeling.  
Which sports are you good at?  
I'm good at throwing the javelin and football.



Who is Ahmad Al-Mutairi?  
**Ahmad Al-Mutairi is a Kuwaiti para-sport athlete.**



What do you learn from Ahmad Al-Mutairi?

We learn that the sky is the limit and nothing should stop you from following your dreams.

Which sports does he excel at?

He excelled at wheelchair basketball and wheelchair racing.



What did he do / win?

He broke many world records and won silver and gold medals.

كسر أحمد المطيري الكثير من الأرقام القياسية وفاز بالعديد من الميداليات الذهبية والفضية.

نعلم أنه لا حدود لفضلك شيئاً وبأن لا تجعل أي شيء ديو فقط من السعي وراء أحلامنا

ماذا كان إنجازاته؟ أو ماذا فاز؟

Dalal Al-Mutairi



Grade 7. القواعد الإجمالية  
Grammar Review:

قاعدة الزمن المضارع البسيط First Term  
1. Present Simple Tense

We use the **present simple** to talk about routines and habits. ( We add -s to the verb if the subject is : He/ She/ It or a singular noun.)  
ملاحظة - نضيف (s) على الفعل إذا كان الفاعل مفرد أو أحد الضمائر ( he / she / it ) .

نستخدم الحذف عن الحركات العلمية أو الأقوال الروتينية .



My mother **cooks** fish every Friday.

We **stay** at the farm on weekends.



Do as shown in brackets:

- Salim ( take ) the iPad to school every Monday. [correct]  
Salim **takes** the iPad to school every Monday.
- I play tennis with my friends at the weekend. [ Ask a question ]  
**What do you do at the weekend?**
- The teacher collects our books every Thursday. [ Make negative ]  
The teacher **doesn't collect** our books every Thursday.

كيف يكون الأسئلة في الاختبار؟

2. Short answer Questions

قاعدة أسئلة الإجابات المختصرة  
إذا كان السؤال يبدأ بفعل مساعد تكون الإجابة Yes أو No كما هو موضح بالأمثلة.

Can you snorkel or waterski?

Yes, I can.

No, I can't



Do you like Maths?

Yes, I do.

No, I don't.



Have you got a quad bike?

Yes, I have.

No, I haven't.



Do as shown in brackets:

1. Yes, I have got a new iPhone.

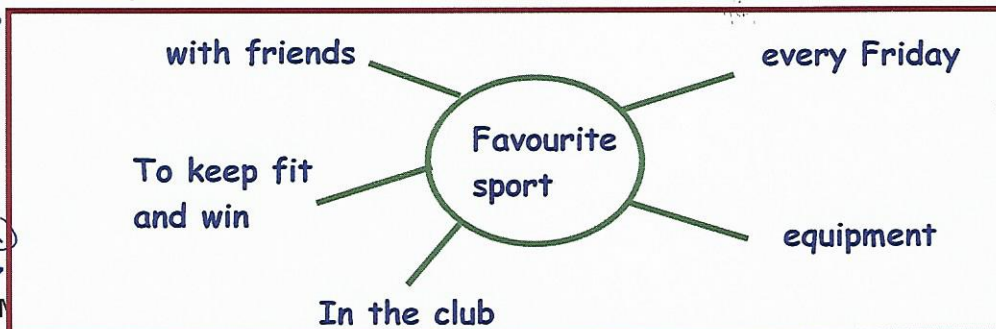
**Have you got a new iPhone?**

جاء سؤال على الجملة [ Ask a question ]



التدريب على كتابة البعير  
كتابة تقرير عن الرياضة المفضلة  
Writing Practice (a report on your favourite sporting activity)

In 8 sentences, plan and write a short report about your favourite sporting activity.



\* تلاحظ : يرسم الطالب مخطط قبل كتابة البعير وعليه درجته كما هو موضوح  
The Plan

MDalalnow



\* مع كتابة التعبير جيد البدء بجملة (topic) بسبب هذا الهدف  
 عنها أن يعرف الشخص الذي نقرأ التعبير عن ما نأمله  
 Grade 7

Topic sentence

First Term

My favourite sporting activity is playing football. I enjoy playing football with my friends. We always play in a team in the club. We play there every Friday. To play football, you don't need a lot of equipment. All you need is a ball and a net. I train everyday to get better and keep fit. I try to score many goals for my team. I'd like to be a famous referee for football matches in the future.  
What a wonderful sport! I will always play it.

The Body

\* ثم نكتب الموضوع  
 من 6-7 جمل

\* ثم ننهي الموضوع بجملة نزيهة  
 بسيطة

conclusion

الوحدة الثالثة  
 (الحياة المدرسية)  
**Vocabulary Corner:**

**Unit 3  
 School Life**

\* نبدأ بدراسة الكلمات وفهم معانيها

Word	Meaning	Word	Meaning	Word	Meaning
canteen	مقصف	Post	يضع بالموقع	convenient	مناسب او ملائم
local	محلي	chatroom	غرفة محادثة	equestrian	الفروسية
depend on	يعتمد على	run = organise	يدير او ينظم	registration	التسجيل
leisure	وقت الفراغ	survival	نجاة	lively	بحيوية او بنشاط
personally	شخصياً	probably	محتمل		
facility	وسيلة تسهيل او منشأة	recite	تلاوة		

المواضيع الإحدى في الوحدة (اليوم الدراسي / ما هي الامور التي تحبها في المدرسة؟)  
**Main Topic ( My school Day. Things I like about my school):**



لماذا يخطط الناس لشؤونهم؟  
 Why do people plan their work?

People plan to be more organised and save time.  
 نحن نخطط كي نكون منظمين ونوفر وقتنا.

كيف يجب أن تستعد للمدرسة؟  
 How should you prepare for school?

1-I should check my homework, pack my school bag and prepare my clothes in the evening.  
 يجب أن أتحقق من واجباتي، وأحضر حقائبتي وأجهز ملابسي في المساء.



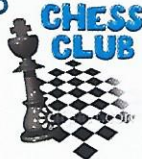
**Things you like about your school:**

**School's Garden**  
 حديقة المدرسة  
 Where we grow fruits and vegetables



**Different Clubs**  
 النوادي المختلفة

Chess Club, Cinema Club and English Club



**Art Studio**  
 ورشة الفن

Where we do arts and make models

**Large Canteen**  
 المقصف الواسع  
 Where we buy delicious food

**School Canteen**



**Grammar Review:**

\* القواعد الإرفاقية

قاعدة الزمن المضارع المستمر

**Present Continuous Tense**

وهي عبارة عن **is** + **ing** على الفعل عندما توجد كلمة **(now)** و **(at the moment)** في الجملة

We use the present continuous tense to talk about things that are happening at the moment.



They **are studying** English at the moment.

She **is painting** pictures now.



**Choose the correct alternative:**

- My friends \_\_\_\_\_ ( **are working** ) worked - working ) on the school project at the moment.



ملاحظة هامة

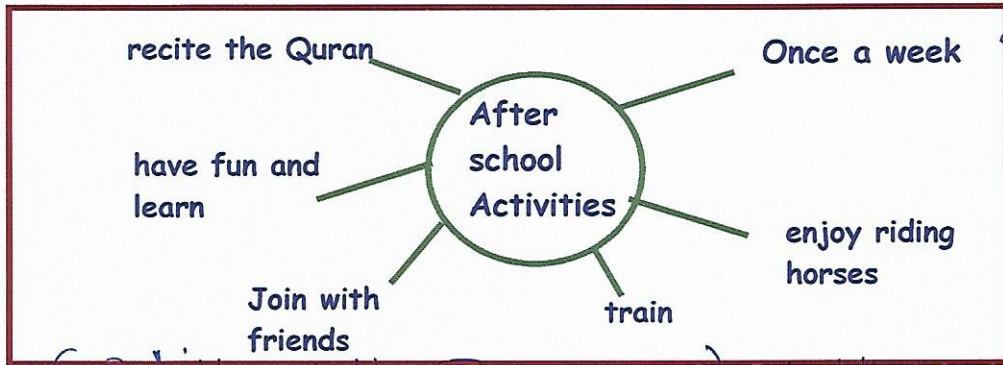
Note that ( We, you, they and plural names ) take **are**. But ( she, he, it and singulars ) take **is**.

**Do as shown in brackets:**

She ( write ) a short story at the moment. [ Correct ]  
 She **is** **writing**

**Writing Practice (an article about after school activities):**

**In 8 sentences, plan and write a short article about after school activities.**



أولاً رسم الخطة باستخدام الكلمات المعدة.

**The Plan**

Topic sentence

**Learning does not stop after school.** There are many activities that you can do after school. You can search the net and learn about them. There is the Kuwait Riding Centre where you can learn horse riding. You can also join with Friends the Holy Quran Centre. It's a wonderful place to learn how to recite the Quran and know more about Islam. If you like sports, you can join the Martial Arts Club where you can learn karate and train everyday.



**The Body**



**Registrare now and start having fun and learning.**

**conclusion**



Vocabulary Corner:

\* نبدأ بدراسة الكلمات وفهم معانيها.

Word	Meaning	Word	Meaning	Word	Meaning
instructions	تعليمات	Soil	تربة	destination	وجهة
regular	معتاد او منتظم	Pot	وعاء	trick	خدعة
fold	يطوي	Corridor	الممر	lid	غطاء الوعاء
envelope	ظرف	Librarian	امين المكتبة	seal	يغلق باحكام
original	اصلي	altogether	جميعاً أو معاً	suck	يمتص
sprinkle	يرش او ينثر	liberation	تحرير	observation	ملاحظة
seeds	حبوب	route	طريق		

المواضيع الإلته (القوانين المدرسية / الاماخذ في مختبر العلوم)  
Main Topic ( School Rules & Safety in the science lab )

اذكر  
بعض  
القوانين  
المدرسية

Mention some of the school or class rules.

- Don't run in the corridors. لا تتركض في الممرات
- Listen to your teachers. استمع للمعلمة
- Don't talk to your friends in class. لا تتكلم مع زملائك أثناء الحصة.



\* أين يذهب الطلبة في حصة العلوم؟

Where do students go in a science lesson?

- يذهبون الى مختبر العلوم

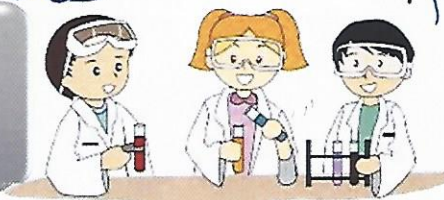
1- Students go to the science lab.

4- Never work alone. لا تعمل وحدك

- Don't touch your eyes. لا تلمس عينيك

- Keep the lab clean and tidy. حافظ على نظافة وترتيب المختبر.

Mention some safety rules in the science lab.



What do they do in the science lab?

\* ماذا يفعلون في مختبر العلوم؟

2- They do experiments in the science lab.

- يقومون باجراء التجارب العلمية هناك



ماذا يجب أن يلبسوا في المختبر؟  
3- I should wear a lab coat and goggles  
يجب ان يلبسوا بالطقو العلوم ونظارات الحماية

What should you wear in a science lab?



**Grammar Review:**

**The Imperatives**



**Affirmative**

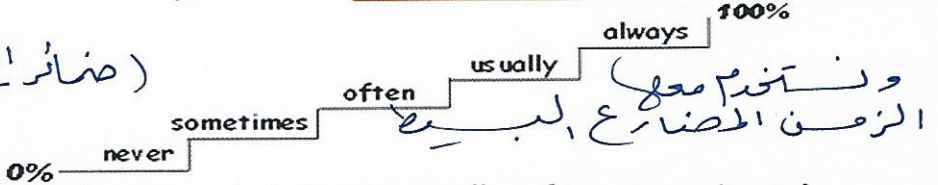
- Clean your room.
- Respect your teachers



**Negative**

- Don't run in the corridor.
- Don't chat in the class.

**Adverbs of Frequency**



We use the present simple tense with these words ( always, usually, often, sometimes & never). You can form a question by using ( How often....? )

How often does she play the piano?

She usually plays the piano.

She never plays the piano.

Choose the correct alternative for this gap:

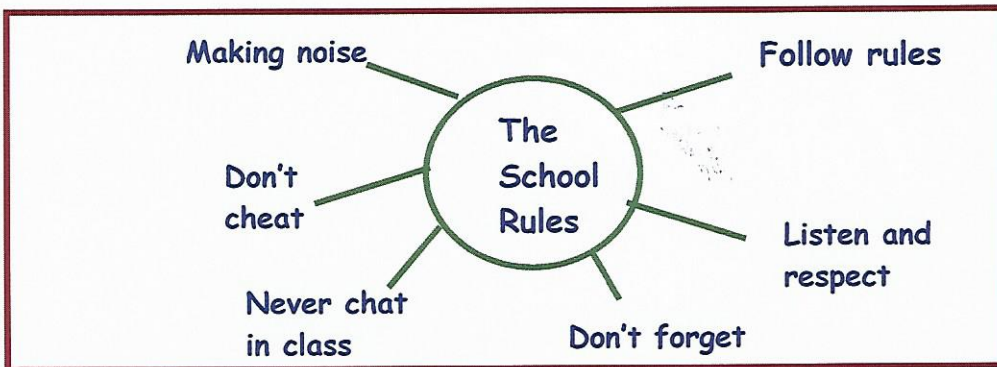
- \_\_\_\_\_ ( How many - How often - How far ) do you watch the news? I always watch the news.

Do as shown in brackets:

1. Khalid usually ( eat ) a banana in the afternoon. [correct]  
Khalid usually eats a banana in the afternoon.
2. Sometimes, We work on the project with the teacher. [ Ask ]  
How often do you work on the project with the teacher

التدريب على كتابة لغتي ( كتابة فقرة عن القوانين المدرسية )  
**Writing Practice (a short paragraph about the school rules):**

In 8 sentences, plan and write a short paragraph about the school rules.



نبدأ بالخطوات  
بشكل منطقي  
→ **The Plan**



Topic sentence

كتاباً ليعبر في ٨ جمل أو أكثر (لائس من جمل ليدانج) وجملة لنتي لنتي

CLASSROOM RULES



A school has many rules and students must follow them. If we follow the rules, our work will be more organized. It's important to come early to school and don't forget your books. You should work hard. Always listen to your teacher. Don't chat with your friends in class, but help each other in the group work. Chewing gum, eating and drinking is also not allowed in class. You shouldn't run in the corridors. Teachers always try to help students to know and follow the rules.

The Body

conclusion

Unit 5  
Free Time

Vocabulary Corner:

Word	Meaning	Word	Meaning	Word	Meaning
require	يتطلب او يحتاج	compass	بوصلة	theater	المسرح
appliance	جهاز منزلي	insect repellent	طارد للحشرات	iconic	مشهور
available	متوفر او موجود	Survive	ينجو او يعيش	civilisation	حضارة
supply	يزود	definitely	بشكل مؤكد	sweater	سترة صوفية
stove	فرن الطبخ	officially	رسمياً	attract	يجذب
globe	الكرة الأرضية	reflect	ينعكس		
thirsty	عطشان	luxury	رفاهية		

المواضيع الامة ( وقت الفراغ ← المخيمات والسوبر في الكويت)  
Main Topic (Free time: Camping & Shopping in Kuwait)

Camping in the past:

1. It required only a tent.
2. Lights were provided by oil lamps at night.
3. Cooking was done over the campfire.



كان من لحظ  
في الماضي  
والمخيم  
في وقت  
الحالي

Compare camping in the past with camping nowadays!

Camping nowadays:

4. People use small tents as sleeping places and large family tents for gatherings.
2. Tents are supplied with lights, satellite TVs and couches.
3. Aluminum kitchen with gas stove for cooking.
7. Playing games and kite flying.
5. There is barbecue dinner at night.



حيث يوجد  
خيمة فقط  
الانارة باستخدام  
مصباح الزيت  
الطبخ كان على نار  
المخيم فقط

بالاضواء  
والتلفاز  
والقصر  
والجلوس  
المطبخ من المنوم  
وقد جهاز طبخ حديث

Dalal Al-Mutairi

اللعب بالهباب الكرة والطائرات  
الروائية  
dandash74 MDalalnow

لهشاد بالسكوا على الفسي ليل



\* يعبر الاضنيوز اكبر مجمع تجاري للتسوق في الكويت First Term



The Avenues is the largest shopping mall in Kuwait.

What do people usually do in the Avenues? *ماذا يفعل الناس هناك*

People can enjoy shopping in the world's famous stores, dining in the finest restaurants and going to a multi-screen movie theatres.

*يستمتعون بالتسوق من أشهر الماركات وتناول الطعام في أفضل المطاعم والاشتراك في قاعات السينما الحديثة.*

**Grammar Review:**

\* القواعد الاسماء

**Countable & Uncountable**

*الاسماء  
المعدودة  
وعن غير المعدودة*

There is

There are

Countable nouns can be singular ( a book, an apple ) or plural ( some books, some apples ).

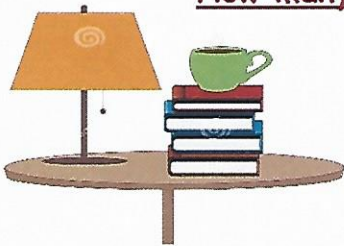
Uncountable nouns are always considered as singulars ( coffee, money, oil, milk )

There are some books on the table

*كيف ننفي المعدود؟*

There aren't any books on the table. *كيف نضيق السؤال؟*

How many books are there on the table?



There is some coffee in the cup. *كيف ننفي غير المعدود؟*

There isn't any coffee in the cup.

How much coffee is there in the cup?

*كيف ننفي السؤال لعقائد  
في الاختبار*



*كيف نضيق  
السؤال  
عليه*

**Choose the correct alternative for each gap:**

- \_\_\_\_\_ ( How many - How much - How old ) tea do you drink everyday? I don't drink any.
- There isn't \_\_\_\_\_ ( some - most - any ) cheese in the fridge.



*أضلة عن النوع الثاني من أسئلة القواعد*



**Do as shown in brackets:**

1. There are some sweets in the jar. [Negate]

There aren't any sweets in the jar.

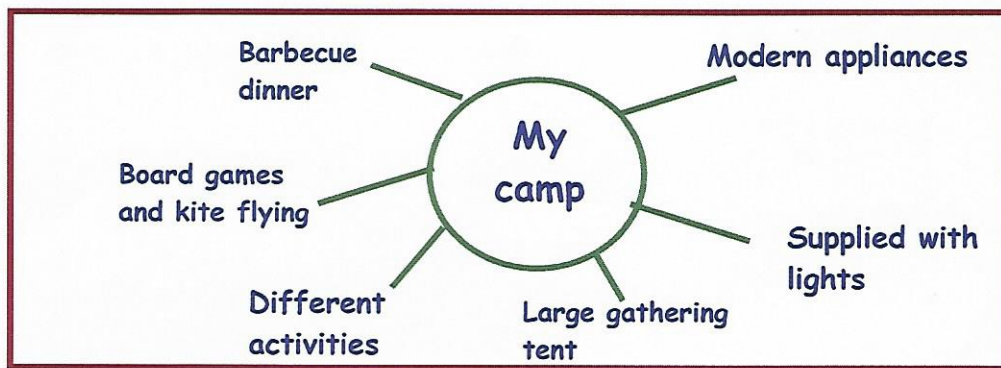
2. I drink a lot of orange juice every week. [ Ask ]

How much orange juice do you drink every week?



Writing Practice (a short paragraph about your camp): (كتابة فقره عن المخيم)

In 8 sentences, plan and write a short paragraph inviting your friends to your camp.



\* طبعاً نبدأ برسم المخيم

→ The Plan



Topic sentence: ونتم كتابة الموضوع باستخدام الكلمات السابقة في 8 جمل (لا ننسى جملة إبداء وجملة إنتهاء)

Kuwaiti people like to camp in winter. It's one of the most important and popular traditions. I'd like to invite you to come to my camp site. It has many small tents for sleeping and one large tent for family and friends gathering. In this large tent, there is a Satellite TV, couches and wifi too. You can enjoy many activities in my camp. You can play ball games, board games and kite flying. At night we will have a barbecue dinner. Then we can gather around the campfire and tell stories. You are all welcome to come and join us in my family's camp.

→ The Body

→ conclusion



الوحدة السادسة  
(الاصطلاحات  
والطعام)

## Unit 6 Celebrations & Food

Vocabulary Corner: \* نبدأ بدراسة كلمات الوحدة وعلهم معانيها

Word	Meaning	Word	Meaning	Word	Meaning
pour	يسكب او يصب	Stick/stuck	يلتصق	argument	مجادلة
chop	يقطع	tasteless	ليس له طعم	independence	استقلال
stir	يحرك	cuisine	مطبخ عالمي	magnificently	بشكل رائع
ingredient	مقادير	vegetarian	نباتي	costume	زي
slice	يقطع الى شرائح	counter	طاولة	occasion	مناسبة
gently	برفق	questionnaire	استفتاء		
grease	دهن او زيت	religious	ديني		



Grade (الموضوع الاساسي) تناول الطعام في الخارج والاحتفال

First Term

**Main Topic ( Dining out and celebrations )**

لماذا تذهب العائلة لتناول الطعام في الخارج؟



**Why do families dine out from time to time?**  
They dine out to celebrate special occasions or to break the routine and have fun.

حتى يحتفلون في مناسبات معينة أو لكسر الروتين



**Which type of food do you prefer? Why?**  
**I prefer Indian food. It's hot and spicy.**

ما هو نوع الطعام المفضل لك؟  
أفضل الطعام الهندي لأنه حار وممتع.



**When does Eid Al-Fitr come?**

1- Eid Al-Fitr comes after Ramadan.

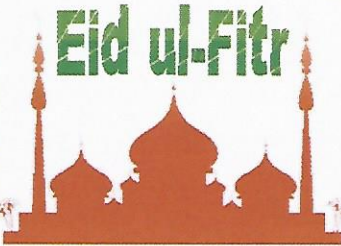
متى ياتي العيد؟  
القطر؟

عند عيد الفطر

متى ياتي العيد؟  
التصديقا  
موتقود  
العيدية

4- They receive gifts and money.

**What do children receive in Eid Al-Fitr?**



**Where do Muslims go in Eid's morning?**

أند يذهب المسلمون في صباح العيد؟

ماذا يتلقى الأطفال في العيد؟

3- They should wear new clothes and visit Family and friends.

**What should people do in Eid Al-Fitr?**

2- They go to the mosque for prayer.

يذهبون للمسجد لأداء صلاة العيد

ماذا يفعل الناس في العيد أو كيف يحتفلون؟

**Writing Practice (a short paragraph about Eid Al-Fitr):** التدريب على كتابة ليجين

In 8 sentences, use the graphic organizer and write a short paragraph about Eid Al-fitr.

Topic sentence

(موضوع عيد الفطر في 8 جمل)

**Eid Al-Fitr is a religious occasion which all muslims celebrate.** It comes after the Holy month of Ramadan. In the morning of Eid AL-Fitr Muslims perform special prayer. They wear new clothes. It's the time for people to visit relatives and friends. People also give money to the poor to enjoy this religious festival. Mothers usually prepare sweets and delicious food. Children receive money and gifts in Eid Al-Fitr. **We all love Eid Al-Fitr and wait for it every year.**

The Body

conclusion



Grade 7

القواعد الأولى

First Term

Grammar Review:

قاعدة (if) الشرطية

الحالة الأولى

If Conditional I + II:

الحالة الثانية

إذا كان الفعل بعد (if) مضارع (will / won't + infinitive) وضع will أو won't وبعد ما فعل مصدرWhen the verb in the ( if part ) is in the present we use ( will / won't + infinitive )When the verb in the ( if part ) is in the past we use ( would / wouldn't + infinitive )If I were you, I would play sports everyday.

كما هو موضح بالأصل

If she goes to the muesum, she will take photosChoose the correct alternative to fill in the gap.

- If you don't study hard, you \_\_\_\_\_ (would pass - passing - won't pass ) the exam.



كيف يكون سؤال القواعد في الاختبار

Do as shown in brackets:

1. If you worked hard, you ( win ) the prize.

[correct the verb]

If you worked hard, you would win the prize.End of the First Term

نزهة الفصل الدراسي الأول

Study HardBest wishes for all,,Dalal Al-Mutairi

أتمنى ان تكون هذه الملاحظات مفيدة للجميع  
مع تمنياتي بالنجاح والتوفيق  
والله اعلم  
D