

**Reading Comprehension**

**From: Jabber**

**To: Nasser**

**Cc:**

**C:**

**Hi, Nasser**

Exercising is very important. **It** helps your heart to grow healthy. Your muscles will be stronger. It helps you feel good about your body. My mother always asks me to exercise with my friend Sami, but I don't **like** that; I like playing basketball and soccer instead. Yesterday, I played **soccer** with Sami. After soccer, we jumped rope, and rode bikes. Finally, I came home very tired for dinner. My mother was so happy to see me coming back from exercising, so she thanked me. Actually, my playtime with Sami was fun and a great exercise at the same time.

Yours,

Jabber

**Choose the correct word from a,b,c and d:**

1-The **best title** for this passage is:

- a) Playing Sports
- b) Riding Bikes
- c) Exercising
- d) Heart and Muscles

1- The **main idea** of this passage is:

- a) Jabber likes playing sports.
- b) Jabber's heart is good.
- c) Sami likes to exercise.
- d) Exercising is good for our health.

2- The underlined word "**soccer**" in line 4 means:

- a) basketball
- b) tennis
- c) football
- d) bike

2- The opposite of "**like**" in line 3 is:

- a) hate
- b) enjoy
- c) love
- d) forget

3- The underlined pronoun "**It**" in line 1 refers to:

- a) soccer
- b) exercising
- c) muscles
- d) rope

4- The mother thanked jabber because:

- a) Sami likes exercising.
- b) Jabber washed his hands.
- c) Jabber exercised.
- d) Jabber rode a bike.

**Answer the following questions:**

1- What does Jabber like doing?

.....

2- Why is exercising important?

.....

**Grammar**

**Choose the correct answer from the words between brackets:**

Keeping fit is very important. My mother ( like – liking – likes ) walking in the morning.  
Today, she is ( went – goes – going ) to swim in the pool.

**Composition**

**Fill in the graphic organizer, then use it to write a paragraph of four sentences about “Playing Tennis”**

Club – friends – tennis ball – racket - weekend

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Playing Tennis

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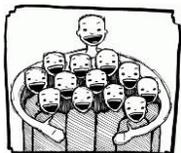
**Spelling**

**Write the missing words to complete the following text:**



Yesterday, I went to the .....with Ahmad. There was a football.....

I took a  ..... and waved the Kuwaiti flag. One team won so,



.....was happy.