

A Visit to Failaka Island

I went to Failaka Island last week. I went with my family. We went by boat. We visited the museum. It was fun.

Walking

Walking is a good exercise. It uses muscles in your feet, legs and arms. It is also good for your heart. You should stretch before walking. You should walk in a safe place.

Healthy Teeth

We should look after our teeth. We should brush our teeth twice a day. We should eat healthy food. We should visit the dentist every six months. We shouldn't eat too many sweets . We shouldn't drink fizzy drinks.

Sports

I like sports. I practise sports in the club. Sports are good for your heart. It is also good for your muscles. It makes you fit and healthy.

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Books

Books are wonderful. Reading is useful. I like reading Science books. They are interesting. We get information.

Reading

I like reading. I go to the library. Reading helps me to get a lot of information. I like reading all kinds of books. I go to the book fair to buy books.

My favourite hobby

My favourite hobby is reading. I like reading storybooks. They are interesting books. I read storybooks at home. I read in my free time. Reading is a useful hobby.

The Hospital

A hospital is a place where doctors work. Patients go there to get help . We can see nurses there. They look after patients. I would like to work in a hospital.

Kuwait Airport

Kuwait airport is south of Kuwait City. People go to the airport to travel by plane. There is a new shopping centre next to the airport. There are also shops, banks and restaurants. Kuwait airport looks like a big white plane.