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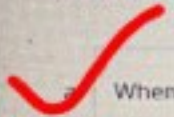
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Which of the following best describes nutrient modification?



- a. When one or multiple nutrients are added or remove from a person's diet
- b. When food is delivered into the body through a tube
- c. When a person eats solid food once a day
- d. When the texture and consistency of food is changed

What is the purpose of a therapeutic diet?

- a. To increase a person's quality of life and life expectancy
- b. To fit the nutritional needs of a patient based on their individual health status
- c. To help reduce the amount of medication the patient is required to take
- d. All of the above


When measuring weight, why is it important to remove any items from your pockets?

a. It will be uncomfortable for the person



b. Items in your pocket will increase the person's height



 c. Heavy items will result in an inaccurate weight reading.



d. There is no need to remove any items from the person's pocket




100%

In clinical nutrition, what does BMI stand for?

a. Body measuring index

b. Body of mass indexes

c. Body mass institution

 Body mass index

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Which medical term is used to describe patients who have problems swallowing food?

a. Food intolerance

b. Dydlexia

c. Dysphagia

d. Purree

85%

هذا لصف الثاني عشر متقدم

What two pieces of information are needed to calculate BMI?

a. Age and height



b. Weight and height



c. Age and weight



d. Gender and weight



What two pieces of information are needed to calculate BMI?

a. Gender and weight

b. Weight and height

c. Age and weight

d. Age and height



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Match the following to the correct description

Food intolerance

Food allergy

Something which causes a reaction of the immune system

Something which affects the digestive system

