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**Bright star**

**English for grade 8  
Third term**

## **My plans for the future . (What career are you going to choose and why?)**

We all have our dreams which we hope will come true . I have many plans for the future. I want to go to university and become a doctor. I'd like to practise medicine for a few years. After that, I'd like to do research. I hope to investigate the causes of diseases like cancer or brain disease. I'd like to learn more and more about those diseases which make people suffer a lot. Therefore , I must study hard. I'd like to set up experiments and make things that can really help mankind I want to help people become happy. I hope my plans for the future will pay off.

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## **Life in big cities**

Life in big cities is very hard. People there suffer from many problems such as over-population, housing problems and crowded means of transport. It takes a very long time to go from one place to another. There is very little cooperation among people. overcrowding results in many accidents. Pollution caused by car fumes is a major cause of many diseases. The air is unclean and impure. There are no gardens or green areas where people can spend nice time. The noise from cars and machines also make life in big cities unbearable. Great efforts are needed to solve the problems in big cities. People should think of going to new cities built in the desert or the country

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## **The value of sports**

There are many kinds of sports. The most common sports are football, basketball, volleyball, tennis, skiing, swimming and cycling. Sports have great value in our life. They are very important for keeping us healthy. People who are used to Practising sports usually enjoy good health. They are always active and do their jobs well. Sports are a good way of spending our spare time. Sports help us gain good qualities such as patience, cooperation and how to face difficult problems and situations . Sports teach us good manners and develop our character. Some sports help us to defend ourselves such as karate and judo. In fact, sports are very essential for you.

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# Pollution

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Pollution is a difficult problem in modern life. There are different kinds of pollution. Air Pollution is caused by car fumes which contain very harmful substances. These substances have a bad effect on health and can cause many diseases. The sea is polluted by the chemical waste thrown into it by factories and ships. The soil is also polluted by the chemicals we use such as insecticides .

All these kinds of pollution affect not only man's life but animal life and plant life as well. The world is making great efforts to fight pollution. Ordinary people have to cooperate with the government and scientists to get rid of pollution. If pollution continues to increase, life on earth will be in great danger. Even ordinary people can help to eliminate pollution.

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## ***The importance of summer camps***

*Camping means living away from home depending on yourself to satisfy your needs. Camps teach us co-operation, self-reliance and love of help to those who need it. Summer camps which suit students most as they are free during the summer. In schools and at universities there are societies which organize such camps. There are daily camps, weekly camps and even whole summer camps are useful not only to the person but also to the society at large. If we pay attention to camps, we can keep our youth busy make them grow healthy and keep them away from bad habits.*

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## ***Making the best use of spare time***

Time is gold. The time wasted is too hard to regain . So we have to make the best use of our time. If we have a spare time we can make a plan to spend it doing useful things. The wise person is one who spends his / her time carefully in a proper way. Some people prefer to read a useful book, or a story. In this way they increase their information and knowledge in different aspects. Some others prefer to practise sports. So they renew their energy, activate their minds, and strengthen their bodies. . Young men prefer to spend

most of their time playing computer games, which can be useful in developing their abilities and computer skills.

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## **School activities**

*School activities are indispensable for students. They express their desire well. They teach them good manners such as cooperation and patience. School activities also renew their energies and build up their bodies. There are different kinds of school activities such as cultural. Social and sports activities. Each student chooses the activity which suits his character. Schools also organize these activities to help students benefit from them. The Ministry of Education pays much attention to school activities as they help well in forming the student's character*

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## **A form of exercise that I enjoy doing**

Exercising is very important. It helps us to be healthy and fit. All people should take exercise to avoid diseases. I really enjoy walking. It is the best form of exercise. It is also the cheapest one. It costs you nothing. You can do it at any time. You can walk alone or with others. It helps you to be active. It enables you to do your job well. It also helps the blood circulation. It is very useful for people of all ages. I usually walk for an hour every day. I prefer walking alone. I advise all people to walk. Walking helps you to think well. It also helps you to use your body well.

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## **Healthy food**

Many people believe that modified food is unnatural and fear that genetic engineering may bring new diseases in the future. On the contrary, organic farming is the best way to farm. The main reason is that some people don't like the idea of eating fruit and vegetables that have been sprayed with pesticides. Pesticides can be poisonous. In my opinion, we should improve the quality of the soil by adding natural, organic fertilizers. But surely it's much quicker and easier for farmers to spray their crops with chemical fertilizers and pesticides. Organic farms don't produce the same quantities as modern farms, so they do not make quite as much money.

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## Hobbies

We should practise something different from our normal work to make our life cheerful and pleasant. It is very important for us to have our own hobbies. Hobbies give you a chance to spend our time in a useful and pleasant way. In fact, there are various kinds of hobbies and we have own hobbies which suit our tastes. Playing games, collecting stamps, playing music, chatting and painting are all interesting hobbies and of great benefit to us. In fact, our hobbies help us to be sociable and at the same time very popular. It often happens that a hobby paves the way for us to become famous. So hobbies are not a waste of time but a way of earning our living.

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## My dream house

My dream house won't be in the centre of the city, but it will be on the outskirts to be far from the noise and traffic. It will be in a beautiful location may be high up on a hill, overlooking a lake or some gardens, and every room will have a balcony so that I can enjoy the view. Also, I will plant trees, vegetables and fruit in its garden.

In addition, it will have a garage for my car and the cars of my visitors. My dream house will be very high-tech and I will be able to control, for example, the temperature of the rooms, or switch the TV on or off by remote control. It will also be well insulated so that in winter it will be warm and in summer it will be cool. It will be a detached house, but I hope to have friendly neighbours.

## The advantages and disadvantages of modern technology

**Our life today is quite different from life fifty years ago. Life in the past was very simple and easy. In the past people used animals to go from place to place. People died from many diseases which they could not cure. Today, thanks to modern science and technology, there are many inventions which have made man's life easier and more comfortable. Modern means of transport help us to travel long distances in a very short time. The progress in medicine has enabled us to find a cure for most diseases. We also have pure water and electric supply. However modern technology has several disadvantages. The most noticeable disadvantage is pollution. Pollution is very harmful to man's life and can cause many diseases. Man now depends too much on machines. There are a lot of people who can't find jobs because we use machines to do most of our work. Many people nowadays suffer from stress and worry. Some people may have a nervous breakdown**

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### **Recycling**

**Many societies reuse materials that are thrown away. Materials ranging from precious metals to plastic spoons, can be reused. This recycling process extracts the original material and uses it in new products. In general, using recycled materials to make new products costs less and requires less energy than using new materials. The most crime doesn't pay and the criminal must be revealed how long he escapes. He also must know that he must obtain his penalty. The family, the school, the mosque, the church and the government must cooperate together to find a solution to this serious problem which threatens our life.**

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### **(Computers)**

**The computer is the most important invention in the twentieth century. Children enjoy using computers. They help communicate with people in other countries very quickly. Computers store a lot of information. You can work from home if you have a computer. Computers are now used in all fields. We can now use computers to learn a new language. Doctors use computers to help them diagnose diseases and treat patients. Banks cannot do without computers. Teachers use computers in schools so that students can learn better and faster. But computers have some disadvantages. Computers are different. Some of them are difficult to use. A lot of computer games are violent . Some children spend too much time indoors playing computer games.**

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### **Reading is a useful hobby.**

**It is a good means to spend our time and to increase our general knowledge, we read daily newspapers and magazines, by reading newspapers we are aware of all the news of our county as well as the news of the world. Magazines deal with cultural subjects, reportages and short stories, the book is the friend of man. We read prose and poetry in literary books while scientific books deal with to date inventions and historical stories. Man can never feel lonely so long as he has book or a magazine as friend.**

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