

تم تحميل هذا الملف من موقع المناهج الإماراتية



\*للحصول على أوراق عمل لجميع الصفوف وجميع المواد اضغط هنا

<https://almanahj.com/ae>

\* للحصول على أوراق عمل لجميع مواد الصف الحادي عشر اضغط هنا

<https://almanahj.com/ae/11>

\* للحصول على جميع أوراق الصف الحادي عشر في مادة علوم صحية ولجميع الفصول, اضغط هنا

<https://almanahj.com/ae/11health>

\* للحصول على أوراق عمل لجميع مواد الصف الحادي عشر في مادة علوم صحية الخاصة بـ الفصل الأول اضغط هنا

<https://almanahj.com/ae/11health1>

\* لتحميل كتب جميع المواد في جميع الفصول للـ الصف الحادي عشر اضغط هنا

<https://almanahj.com/ae/grade11>

للحصول على جميع روابط الصفوف على تلغرام وفيسبوك من قنوات وصفحات: اضغط هنا

[https://t.me/UAElinks\\_bot](https://t.me/UAElinks_bot)

### Place in the correct order

Look at the action steps you should take when using a splint to deal with a fracture. Then, in the table below, write the steps in the correct order.

|   |  |
|---|--|
| 1 | Attend to any bleeding.                    |
| 2 | Place the splint.                          |
| 3 | Tie the splint away from the injured area. |
| 4 | Tie the ties firmly, but not too tight.    |
| 5 | Check the patient's extremities.           |

|   |  |                                  |
|---|--|----------------------------------|
| <p>(3)<br/>Tie the splint away from the injured area.</p> | <p>(4)<br/>Tie the ties firmly, but not too tight.</p> | <p>(2)<br/>Place the splint.</p> |
| <p>Check the patient's extremities.</p>                   | <p>(1)<br/>Attend to any bleeding.</p>                 |                                  |
| <p>(5)</p>  |  |                                  |

# 10.4 The correct use of slings and splints

## STARTER Word search

Can you find the key words listed in the table below?

A word search grid with the following words circled in blue:

- RESTRICTING (horizontal, row 2, columns 2-10)
- SUPPORT (vertical, column 10, rows 1-5)
- SPLINT (horizontal, row 5, columns 1-7)
- TEMPORARY (vertical, column 10, rows 6-10)

|               |               |          |
|---------------|---------------|----------|
| EXTREMITIES ✓ | RESTRICTING ✓ | SPLINT ✓ |
| SUPPORT ✓     | TEMPORARY ✓   |          |



### Did you know?

The words in the above table will be used throughout the lesson. It will help if you become familiar with them. Research their meaning and learn how to say and spell them correctly.

## 10.4 The correct use of slings and splints

### Discussion: What would you do?

Listen as your teacher reads out the scenario below. Then describe what you would do.

#### Scenario:

Ahmed has fallen and hurt his leg. He has intense pain when he tries to stand on it. There is a clearly visible deformity in his lower leg. You suspect he has a fracture. You call for help but no one is around. You have to restrict the leg before you move him. What would you do?

It's a compound fracture, so I will follow the steps that relate to compound fracture and I will get the patient to a hospital.



Activity 15

### Demonstrate how to apply a sling

Watch your teacher demonstrate how to make a sling. You will be asked, in pairs, to come forward and practise the technique each other. Try to follow the step-by-step instructions in the textbook. The class will review each attempt and discuss what was done and what can be improved?

We can improve the sling material.

## 10.5 Types of burns and how to treat them

### STARTER Key words

In pairs, look at the list of key words below. What type of word is it (noun, verb or adjective)? We call this 'form'. Then, describe what the word means. If you are not sure of one of the words, ask your teacher what you should research the word. It is useful to know the meaning of these words. They will help you in this lesson.

| Key word | Form      | Description   |
|----------|-----------|---|
| severity | noun      | the range of how serious a condition is                             |
| blisters | noun      | a <del>tool</del> <del>kit</del> medical tool in the first aid box. |
| sterile  | adjective | free from germs   |



### Discussion: Burns

As a class, discuss if you ever had a burn. What caused it? What did it feel like? What made it feel better?

- ① Hot liquids.
- ② Hot surfaces.
- ③ Steam.
- ④ Fire.



Activity 14

### Place in the correct order



Look at the action steps you should take when dealing with a small burn. Then, in the table below, write the steps in the correct order.

- 1 check that the scene is safe.
- 2 Ask for permission to give first aid.
- 3 Get a first aid kit and wear protective gloves
- 4 cool the burn with cold water.
- 5 if you are not near a tap, apply a cold compress.
- 6 cover the burn with a dry non-stick dressing

④ Cool the burn with cold water.

① Check that the scene is safe.

⑥ cover the burn with a dry non-stick dressing

③ Get a first aid kit and wear protective gloves

⑤ If you are not near a tap, apply a cold compress.

② Ask for permission to give first aid

# 10.5 Types of ... them

## 'Stop, Drop and Roll?'

In pairs, look at the statements below. Decide if it is necessary to 'Stop, Drop and Roll' or not. Place a tick in the table below with your chosen answer.

| Description                      | 'Stop, Drop and Roll' | No need to 'Stop, Drop and Roll' |
|----------------------------------|-----------------------|----------------------------------|
| Your clothes are on fire.        | ✓                     |                                  |
| The house is on fire.            |                       | ✓                                |
| You can see some smoke.          |                       | ✓                                |
| Someone has burned their finger. |                       | ✓                                |
| You can hear the fire alarm.     |                       | ✓                                |
| You can see a fire.              |                       | ✓                                |



01 STOP



02 DROP



03 ROLL

# End of unit quiz

1. Name the three types of blood vessels.

- 1. arteries
- 2. Veins
- 3. capillaries

2. Read the descriptions below. If you were dealing with a bleeding patient, when would you call 999?  
Circle the four correct answers.

|                                    |   |  |
|------------------------------------|---|--|
| <p>There is a lot of bleeding.</p> | <p>You are not able to stop the bleeding.</p>       | <p>You have stopped the bleeding, but your hands are sore.</p> |
| <p>You do not know what to do.</p> | <p>The patient has a small cut on their finger.</p> | <p>The injured person is showing signs of shock.</p>           |

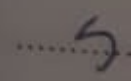
5. Match the equipment

- Material directly to stop
- Material or co

4. Read the write the only on

Splints are used for fractured limbs. A bone fully

5. Place Hint: a





3. Match the description on the left with the type of first aid equipment on the right.

Material that is used directly on the wound to stop bleeding.

Material used to protect or cover an injury.

Bandage

Dressing

4. Read the statement below. Then, using the table of key words, write the correct words in the gaps. You can use each word only once.

Splints are used to support a limb. Restricting the movement of a fractured limb reduces pain and helps with the healing process. When a bone fully breaks, the limb will be unable to immobilise itself.

support

immobilise

healing

movement

Place the words into the correct order.

Hint: a technique to use if your clothes are on fire.

stop drop & roll

roll

stop

drop