

First aid for infants and children

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Health Sciences

G12 Unit 9

**Week 3 Lesson 2: Infant and child trauma
patient**

Key vocabulary

- ▶ **Trauma**
- ▶ **External**
- ▶ **Internal**
- ▶ **Bleeding**
- ▶ **Pressure**

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Introduction

- ▶ Trauma
- ▶ Lesson objectives
- ▶ Class discussion-
what is trauma?



Trauma patient

- ▶ What is a trauma?
- ▶ Severity
- ▶ What part of the body can be effected?



Causes of trauma

- ▶ Car crash
- ▶ Being dropped
- ▶ Fall from a height
- ▶ Bumping into furniture
- ▶ Pulling at hot saucepans or hot cups



Activity 10: Trauma causes

Work in
pairs

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Can you think of other causes of
trauma?

Emergency care for a trauma patient

External bleeding

- ▶ Blood vessel is cut or torn
- ▶ Cut or scrape – minor bleeding

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When to phone the emergency services?

- ▶ If there is a lot of bleeding.
- ▶ If you have applied pressure and can not stop the bleeding.
- ▶ If you see signs of shock.
- ▶ If you suspect a head, neck or spinal injury.
- ▶ If you don't know what to do.



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Emergency care for a trauma patient

Internal bleeding

- ▶ Bleeding is on the inside
- ▶ Hard to tell how much bleeding has happened

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Suspect internal bleeding if the person:

- ▶ has an injury in the chest or abdomen.
- ▶ has shortness of breath after an injury.
- ▶ is coughing or vomiting blood.
- ▶ is showing signs of shock without external bleeding.



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Emergency care for internal bleeding

- ▶ Make sure the scene is safe for you.
- ▶ Phone the emergency services.
- ▶ Get the first aid kit and the AED.
- ▶ Wear PPE.
- ▶ Encourage the infant or child to lie down and keep still.
- ▶ Monitor them for signs of shock.
- ▶ Be prepared to give CPR.



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Conclusion

Recap

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QUESTIONS